

Our Mindful God

Darrell Buchanan, May 30, 2021

There has been a lot of talk in recent years about the need to be mindful. Perhaps one blessing of the past 15 months (and they are hard to find) is that it has stopped many of us in our tracks and forced us to slow down.

Psalm 8

Psalm 8 calls us to mindfulness of a different kind.

It invites us to start and end each day with the words that bracket this great Psalm: "O LORD, our Lord, how majestic is your name in all the earth" (8:1, 9).

What does it mean that God is mindful of us (Psalm 8:4)?

- It means that God never gets pre-occupied.
- It means that God never drifts off.
- It means that God's attention never wavers.
- God always gives his full attention.

God is mindful of us because God cares for us.

- God made us only a little lower than the heavenly beings and crowned us with glory and honor (Psalm 8:5).

There are times in life when we say, "I didn't think you were listening God!"

- And God replies, "I'm listening. I always listen."
- Because God is mindful of us.

God showed how much he cares about us by elevating us to positions of royalty in his creation.

- But God showed his care for us even more by lowering himself to the position of servant and criminal: Philippians 2:5-8.

Through the joys and sorrows of the coming days,
carry the assurance of God's mindfulness and care with you.

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